

**GREENESTO**  
adVANce your Mindset



## Your contact

**Scarlett Spiegeler Castañeda**  
Head of Design Factory Stuttgart  
& Community Coach

Email [scarlett.spiegeler@arena2036.de](mailto:scarlett.spiegeler@arena2036.de)  
Web [www.ARENA2036.de](http://www.ARENA2036.de)

**Michael Dick**  
Event and office management

Email [michael.dick@arena2036.de](mailto:michael.dick@arena2036.de)  
Web [www.ARENA2036.de](http://www.ARENA2036.de)

**ARENA2036**

Pfaffenwaldring 19  
70569 Stuttgart, Germany

Management: Peter Froeschle | Local court: Stuttgart, VR 721329  
Chief Executive Officer: Andreas Friedrich, Prof. Wolfram Ressel

more information



## Kintsugi

The following is reported about the origin of Kintsugi in Japan: Ashikaga Yoshimasa, a 15th century Shōgun had a special fondness for tea ceremonies. One day, when one of his beloved tea bowls was broken, he sent it to China in the hope that it could be repaired there. However, very disappointed by the result, he asked the best artisans of Japan to save his beloved tea bowl. And indeed, they were able to present him with a beautiful tea bowl made from the shards, but with a character and beauty all its own.

The result was Kintsugi.



Scarlett Spiegeler Castañeda, ARENA2036

## 1. Shock

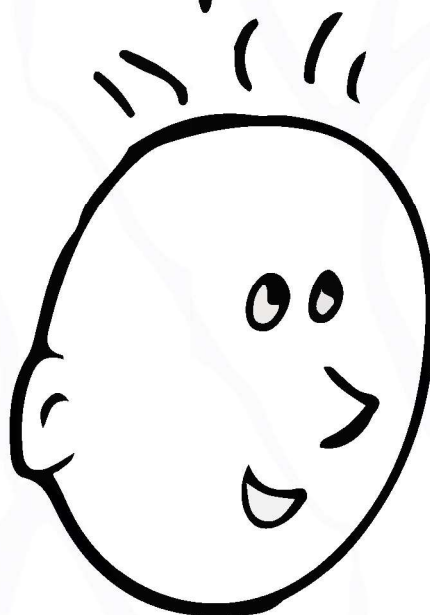
Reflect for yourself

What do I think/feel

What do I see

What do I hear

What do I say/ do



## 1. Shock

While often not intended, our way of life may have a frighteningly negative and destructive influence on our environment.



**Sketch / describe your personal shock**

## 2. Collecting the broken pieces

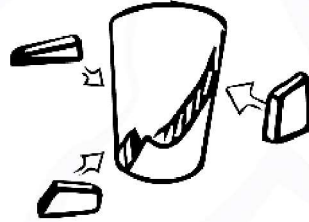
In this step, we collect information on aspects of the problem. What information do you need to understand the problem? What are you interested in?



**What information do you find?**

### 3. Assemble

At this point we want to gather solutions. What could each of us do?



Collect as many ideas as possible

How would...

... Nature/animals...

... Grandma, Grandpa...

... one in the future (in 100 years) ...

... one on other planets...

... solve the problem?

## 4. Gluing

We are the solution! Make a decision for yourself here! What do you want to do?

Notes



## 5. Gold plating

Transfer your individual idea into a story, be the main character yourself and describe how you realize your idea.



## Your story

[illegible][illegible]





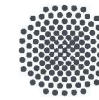
Notes

Hi you,

Cool that you participated in the GREENESTO workshop! We hope you enjoyed it and you were able to put together your personal gold piece as well as decide on „golden“ ideas for your life. We are proud of your thoughts! Keep it up because you are making a great contribution to our world. Go on courageous small or big steps. We are looking forward to seeing you again, perhaps during a visit to the ARENA2036.

All the best and many greetings,

Your GREENESTO team



Universität Stuttgart



#jetztklimachen

unterstützt von

KLIMA  
INNOVATIONS  
FONDS



Design Factory  
STUTTGART



GREENESTO  
adVANce your Mindset

# ARENA2036

